

## **FAQs Release of the Mid-term Review of the 2019 Mental Health Package**

### **What were the key findings from the Mid-term Review?**

The Implementation Unit found strong progress has been made and results are being delivered by each agency.

The report identified areas where steps need to be taken to ensure the speed of delivery continues to grow, and challenges are overcome so that all elements of the package are delivered as planned.

### **Ministry of Health**

The Ministry of Health is responsible for \$1.118m or 57 percent of the total package.

- \$455m to provide access to primary mental health and addictions services to 325,000 people per year by June 2024
- \$215m to implement or expand specific services in the community, spread across 14 initiatives
- \$213m to DHBs to maintain mental health and addiction service levels in line with population and cost growth
- \$235m capital for specific mental health and addiction property improvements.

### **What has Health delivered so far?**

- Good progress in the expansion of access and choice in the community, both the introduction of Integrated Primary Mental Health and Addiction Services within GP sites as well as tailored services for young people.
  - There are over 200 GP sites offering Integrated Primary Mental Health and Addiction Services seeing over 11,000 people per month and providing coverage for an enrolled population of 1.5m people. Services are on track to deliver expected coverage by June 2024.
  - 18 services tailored for young people are fully or partially operational across 14 DHB areas. Services are on track to deliver expected coverage by June 2024.
- Telehealth capacity has been increased by 58,000 contacts a year.
- There are 31 additional FTE forensic mental health and addiction professionals providing services for adults and youth.
- Emergency departments across the country have more staff (10.7 FTE) to improve support for people experiencing a mental health crisis.
- New capacity for providing pregnancy and parenting support is available to 100 women and their whānau at sites in the Eastern Bay of Plenty and Whanganui.
- The Mental Health and Wellbeing Commission is fully operational.
- \$12.4m over four years was allocated to Māori and Pacific Suicide Prevention Community Funds – and the first \$3.1m funding round was completed in July 2020. Funding for community-led initiatives is delivered through two providers, Te Rau Ora for the Māori fund and Le Va for the Pacific fund, and delivery of both funds appears to be on track.

- About 50 people bereaved through suicide each month are being referred to support services – this is expected to grow as the service continues to roll out nationally.
- DHBs have been funded to hire additional staff to enhance the provision of specialist drug and alcohol services. This initiative will reach its targets by June 2023 provided DHBs can recruit, train and retain specialist staff.
- Services to enhance primary addiction responses are operational at two of 10 planned sites by the end of four years (Auckland and Taranaki). If DHBs can recruit, train and retain specialist staff, this initiative should meet its targets.
- Well Child Tamariki Ora Enhanced Support Pilots are active in two sites with capacity for up to 60 families per site. The Tairāwhiti site is not operational and the Ministry may need to assist to ensure this happens.

### **What areas could be improved?**

- Tailored services for Māori – seven services are fully or partially operational in seven DHB areas, with additional services coming on stream each month. Recruitment is proving a challenge and will need to be supported through workforce development to ensure delivery against expectations. Tailored services for Pacific people – while nine services are fully or partially operational in seven DHB areas with the greatest Pacific populations, here too, recruitment is proving a challenge.
- Several initiatives face recruitment challenges, and it is important the Ministry of Health provide support to help grow the workforce over time.
- While the Ministry has been delivering, it now needs to switch from programme development and base work to detailed planning of how it will ensure all its initiatives are delivered by the end of the rollout.
- The Ministry also needs to build on the changes it has already made to ensure the Mental Health Infrastructure Programme is delivered.
- At a wider level the Ministry needs to put in place programme governance across the agencies and main components of the programme. Doing this will enable joint solutions to be formed to common barriers such as recruitment of staff. This also includes working on joint reporting so that it is more focused on output delivery than reporting activities occurring.

### **Te Tūāpapa Kura Kāinga - Ministry of Housing and Urban Development (HUD)**

The Ministry of Housing and Urban Development is responsible for \$477m or 24 percent of the total package:

- \$283m to expand Transitional Housing by 1,000 additional places in February 2021
- \$194m to maintain and expand Housing First by 1,044 additional places by June 2023.

### **What has HUD delivered so far?**

- Completed the delivery of 1,000 additional Transitional Housing places
- Delivered 648 of the additional 1,044 Housing First places and will complete the remainder by June 2023.

HUD has received additional funding through Budget 2021 to increase the number of Housing First places to 2,875 by June 2025. Funding provided from Budget 2020 will see the total additional Transitional Housing places increased by a further 2,000 by June 2022.

### **What areas could be improved?**

There were no specific recommendations or change/improvements that HUD needed to implement.

There were recommendations for Health to implement in terms of cross agency governance and reporting to Ministers about the progress of the total package. HUD will be part of those arrangements.

### **Department of Corrections**

The Department of Corrections is responsible for \$129.5m or seven percent of the total package provided in Budget 2019.

This funding will increase a range of mental health and addiction services for people in prison and people serving sentences and orders in the community, and their whanau.

### **What has Corrections delivered so far?**

- Budget 19 funded Corrections to continue delivering a range of mental health and addiction services that would otherwise have stopped, such as the Improving Mental Health Service, the Wraparound Whanau Support Service, and the Alcohol and Other Drug Community Residential Treatment beds.
- Three new multidisciplinary mental health teams (Intervention and Support Practice teams) – at Rimutaka Prison, Mt Eden Corrections Facility and Spring Hill Corrections Facility. This has doubled the number of on-site mental health teams Corrections has at prisons.
- Clinical nurse specialists – mental health at nine prisons that do not have multidisciplinary mental health teams (ISPTs).
- Four Regional Principal Advisers Mental Health and Addictions, who have been appointed to support the delivery of mental health and addiction services in their regions.
- Strengthened 11 existing Alcohol and Drug Treatment Programmes in prisons, by increasing the number of practitioners, peer support workers and cultural support workers.
- Two new Alcohol and Drug Treatment programmes which start in September 2021, with three more to be established by the end of 2022/23.
- Expanded Alcohol and Drug testing and harm reduction support, was rolled out in 2019/20.
- Mental health and addiction training for frontline staff
- Supervision for custodial staff working in our Intervention and Support Units (where our most unwell people reside).

### **What areas could be improved?**

- Corrections is working with the DPMC Implementation Unit and the Ministry to Health to improve reporting, including the development of quarterly reporting of progress towards delivery of the announced 2,310 additional people receiving mental health services as a result of funding in Budget 2019.
- Outcome measures are being implemented to ensure Corrections is meeting anticipated delivery volumes.

### **What is the Review referred to in the Report?**

- The Review is of Corrections' Improving Mental Health and Wraparound Whanau Support services.
- Both services are externally contracted. The Improving Mental Health service delivers primary care mental health services to people in prison with mild to moderate mental health needs.
- The Wraparound Whanau Support Service provides support to whanau of people receiving the Improving Mental Health support in prison.
- These services were initially established in 2016 from the Justice Sector Fund. A review is necessary to ensure the services are delivering the anticipated benefits and that they are aligned with our organisational strategy, Hokai Rangī.
- Completion of the review has been delayed by Covid-19, but the review is expected to be completed in the next 18 months. Implementation will be complete by January 2023.