

# EARTHQUAKE RECOVERY UPDATE

JULY 30, 2011

**Gerry Brownlee**  
Canterbury Earthquake Recovery Minister



Gerry Brownlee

It's hard to believe we are approaching the one-year anniversary since the first earthquake struck Canterbury on 4 September, and five months since the devastating aftershock on 22 February.

It's been a frustrating and stressful time for us all with these ongoing earthquakes and aftershocks. The Government has been working hard to provide more certainty for the people of Canterbury about what their future holds, particularly around land damage and whether they will be able to rebuild on their properties.

Last month, we announced all residential land in greater Christchurch had been divided into four zones – red, orange, green and white.

The red zone means the land is unlikely to be suitable for continued residential occupation for a considerable period of time. In order to allow people to move on with their lives, the Government will be making an offer to buy those properties in the red zone at 2007 rating valuations. There are around 5100 properties in the red zone.

We have committed to writing to those homeowners with insurance in the residential red zone with an offer by mid-August and are on track to meet that timeframe. Last week, consent forms were posted out to red zone homeowners, so they can give their authorisation for the Earthquake Commission (EQC) and their insurance company to share information with CERA. This will allow CERA to develop the offer letters.

Since announcing the zoning of land last month, the priority has been to reclassify the orange zone to either green or red, with the first focus on the orange zone areas of Waimakariri. The orange zone, which involves around 10,000 properties across Christchurch and Waimakariri, means further work is needed by geotechnical engineers on the status of the land before any decisions can be made.

Last week we also announced the reclassification of all of the Selwyn District and large parts of the Waimakariri District from the white zone to the green zone. Our intention is to continue this reclassification of both the orange and white zones in the weeks ahead.

We are working hard to keep people informed of this process and other progress in the earthquake recovery efforts. This update is another tool to communicate with the people of Canterbury and will be a regular feature in The Press and the Christchurch Mail.

In association with CERA, I have also begun holding earthquake recovery media briefings every Friday to keep people informed on the latest progress in the recovery.

These briefings are streamed live on the CERA website ([www.cera.govt.nz](http://www.cera.govt.nz)). Edited footage is also available shortly after the conference so I encourage you to check it out.

Finally, I would like to thank the people of Canterbury for their patience and resilience as we work together to recover from these series of earthquakes and aftershocks. I truly believe our beautiful city will be restored – better and stronger than ever before.

**Roger Sutton**  
CERA Chief Executive



Roger Sutton

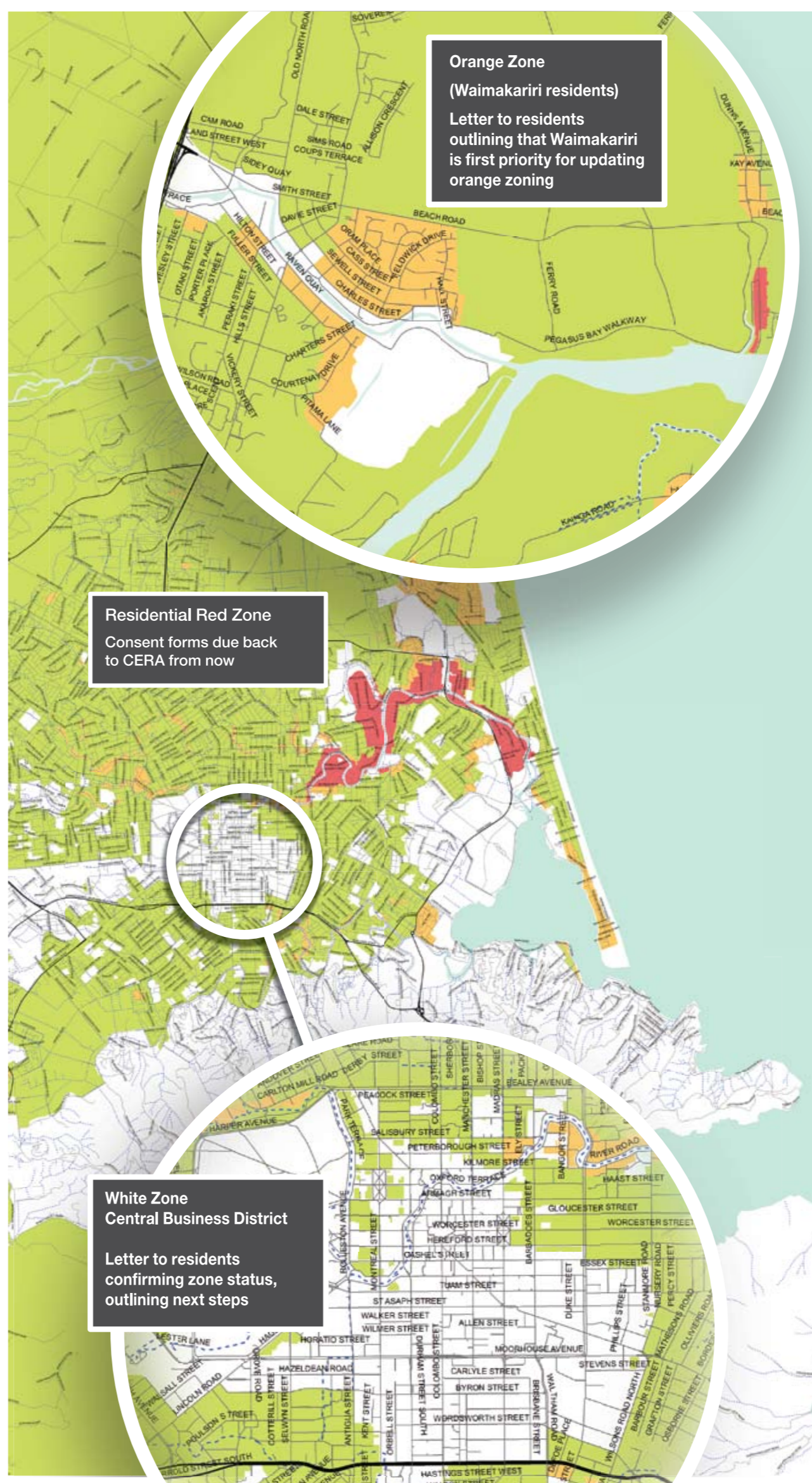
Welcome to the first of our regular features on earthquake recovery. CERA and many of our partners involved in this journey with us have pulled together to produce this update on all the hard work being done to rebuild our city and make it a fantastic place to live in again.

I've been in this job for almost seven weeks now and, while there have been numerous challenges, I haven't once regretted my decision to take on the role of chief executive. Not even the 13 June earthquakes – which struck when I was barely five hours in to the job and forced us out of our offices – could put me off! I am constantly encouraged and enthused by the dedication and commitment being shown by so many motivated people, in so many different areas and

industries, to get this amazing city back on its feet as soon as we can. I know many of you have had a horrendous and often unbearable time, having lost a loved one; having a badly damaged house; losing your job or business – or all of the above. Perhaps you have unsettled children or family members, or the constant aftershocks are making you feel fearful. There's no question we are living in an unpredictable environment, and the really frustrating thing is that none of us know when the rumbling and shakes will stop. We also don't know exactly how long it will take to fix the city and region completely. But among all the uncertainty, one thing is for sure: I will be open and transparent about what I do know, and will also be honest about what I don't know.

Regular two-way communication is extremely important to me and you, the residents of Christchurch, deserve that. We're very focused on continuing to talk to people in the red, orange, green and white zones to keep them updated as more information becomes available. I'm mindful that many of you will be anxious and want to make decisions about your future as soon as possible. We also want to make sure you know about the steps being taken to improve the other practical things that will help your day-to-day life get back to normal – or at least become a bit easier – such as roads, water, sewerage, electricity and local community facilities. I feel extremely lucky to be leading CERA's work to help this city and surrounds recover from 11 months of

hell and move on to better things and happier times. It's a tough and long road ahead, but I can assure you that progress is being made every day by all the organisations involved. We just have to have patience and faith that we're going to get there together, by rolling our sleeves up and displaying that grit and determination that Cantabrians are renowned for. Finally, we can't cover everything you need to know in every update we produce. But all the parties working on earthquake recovery will do their best to lock down timeframes and give you more specific answers on the things that really matter to you. So if there's a burning issue, project or area you want to learn more about, please let us know.



**Orange Zone**  
(Waimakariri residents)  
Letter to residents outlining that Waimakariri is first priority for updating orange zoning

**Residential Red Zone**  
Consent forms due back to CERA from now

**White Zone Central Business District**  
Letter to residents confirming zone status, outlining next steps

**GREEN GO ZONE**

- No significant land issues prevent rebuilding based on current adopted seismic standards
- Land damage may be present but this can be repaired on an individual basis as part of the normal insurance process
- Insurers can continue claim settlements on repairs and rebuilds on individual properties
- Department of Building and Housing (DBH) is preparing engineering guidelines for repair/rebuild of houses in these areas
- Some properties may require specific engineering design to comply with the DBH guidelines
- Decisions on when to commence rebuild/repairs should take account of ongoing seismic activity and potential for significant aftershocks
- Some isolated properties that have severe land damage where repair costs exceed the Earthquake Commission assessed land value may be reclassified as a hold zone (orange) once identified

**ORANGE HOLD ZONE**

- New damage following the 13 June 2011 event requires further assessment
- Generally land damage ranges from moderate to very severe
- Many buildings are uneconomic to repair
- Extent of infrastructure damage is unclear
- Detailed assessment is required to determine whether land repair is practical
- Following further assessment and engineering work many of these areas may be reclassified as suitable for rebuilding i.e. green go zone

**RED RED ZONE**

- Land has suffered significant and extensive damage
- Most buildings are uneconomic to repair
- There is a high risk of further damage to land and buildings from low levels of shaking (e.g. aftershocks), flooding or spring tides
- Infrastructure needs to be completely rebuilt
- Land repair solutions would be difficult to implement, prolonged and disruptive for landowners

**WHITE UNZONED**

- This area includes the wider Port Hills, Banks Peninsula, CBD, commercial property, parks and schools
- To date the zones have been focussed on residential properties
- Work is progressing to clarify the appropriate zone for the remaining white areas

**Repair/rebuild process can begin**

- No significant land issues prevent rebuilding based on current adopted seismic standards
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- Insurers can continue claim settlements on repairs and rebuilds on individual properties
- Department of Building and Housing (DBH) is preparing engineering guidelines for repair/rebuild of houses in these areas
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**Further assessment required**

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**Land repair would be prolonged and uneconomic**

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- Most buildings are uneconomic to repair
- There is a high risk of further damage to land and buildings from low levels of shaking (e.g. aftershocks), flooding or spring tides
- Infrastructure needs to be completely rebuilt
- Land repair solutions would be difficult to implement, prolonged and disruptive for landowners

**Mapping underway**

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TIMELINE	Zone	What can be expected	Follow-up
Week of 25 July, 2011	White Zone Central Business District	Letter to residents confirming zone status, outlining next steps	Next update end of August
	Orange Zone (Waimakariri residents)	Letter to residents outlining that Waimakariri is first priority for updating orange zoning	Announcement on decisions within three weeks
	Residential Red Zone	Consent forms due back to CERA from now	If you have not received a form, you can download it from the CERA website <a href="http://www.cera.govt.nz">www.cera.govt.nz</a>
Week of 1 August, 2011	Orange Zone	Update to all other orange zone residents	First decisions expected late August and others progressively over the next five months
	White Zone Port Hills	Letter outlining process/timeframe	First decisions expected by end of August
Mid August, 2011	Residential Red Zone	Letter of offer to home owners	

## HOW TO CONTACT CERA:

General enquiries:  
**0800 RING CERA (0800 7464 2372)**  
 Office: (03) 354 2600, Fax: (03) 963 6382  
 Postal address:  
**CERA, Private Bag 4999, Christchurch 8140**  
 Email: [info@cera.govt.nz](mailto:info@cera.govt.nz)  
 Website: [www.cera.govt.nz](http://www.cera.govt.nz)  
 Twitter: [twitter.com/CERAgovt.nz](https://twitter.com/CERAgovt.nz)  
 Facebook: [www.facebook.com/CanterburyEarthquakeRecoveryAuthority](https://www.facebook.com/CanterburyEarthquakeRecoveryAuthority)  
 Land information: [landinfo@cera.govt.nz](mailto:landinfo@cera.govt.nz)

**Government Helpline 0800 779 997**



# EARTHQUAKE RECOVERY UPDATE

JULY 30, 2011

## CHRISTCHURCH CITY COUNCIL UPDATE

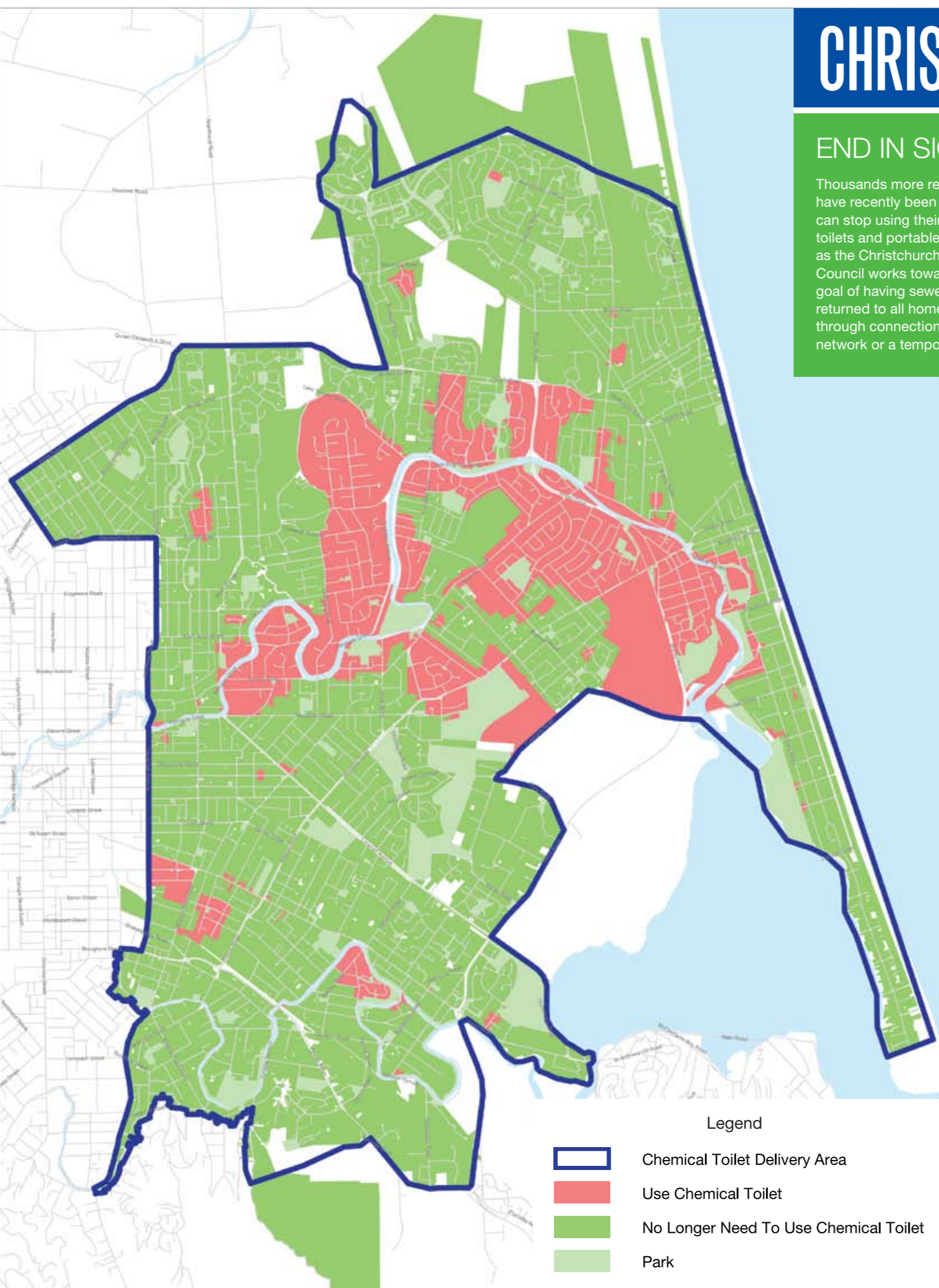
### END IN SIGHT FOR CHEMICAL TOILETS

Thousands more residents have recently been told they can stop using their chemical toilets and portable toilets as the Christchurch City Council works towards its goal of having sewer services returned to all homes – either through connection to the network or a temporary

solution – by the end of August. More than 30,000 residents in the eastern suburbs were issued chemical toilets following the 22 February earthquake because damage to the sewer systems meant they could not use their household toilets. Around

2900 portable toilets were placed on city streets. These are now being removed as sewer clearing progresses, with around 1200 remaining. The clearing of silt and sand from the sewer system has progressed and, while the 13 June earthquakes did cause some set-backs, only

a few thousand people are still using chemical toilets and that number is dropping every day. **You can view progress on the Council website under the Wastewater section at [www.ccc.govt.nz/earthquake](http://www.ccc.govt.nz/earthquake)**



## CHRISTCHURCH CITY COUNCIL FACILITIES

### SPORTS AND RECREATION FACILITIES

Jellie Park and Pioneer Recreation & Sports Centres are now open.

Graham Condon Recreation and Sport Centre Sports Hall is now open.

Lyttelton Recreation Centre Hall and Meeting room are now open. The stadium and squash courts remain closed.

Cowles Stadium is currently closed pending an assessment.

### COUNCIL SERVICE CENTRES AND LIBRARIES

The following libraries are now open: Akaroa, Bishopdale, Central South City Library, Diamond Harbour, Halswell, Hornby, Little River, Linwood Mini, Lyttelton Library, Mobile Library, New Brighton, Parklands, Redwood, Shirley Library, South Library and South Learning Centre, Spreydon Library.

All other Christchurch City Libraries are closed until further notice. The status of these libraries is:

- **Central** – repair work required plus issues with neighbouring building(s).
- **Fendalton** – accommodating Council staff and not available for library use.
- **Linwood** – repair work required plus issues with neighbouring mall. Linwood mini open at the Linwood Service Centre.
- **Papanui** – accommodating Council staff and not available for library use.
- **Sumner** – issues with neighbouring building(s).
- **Upper Riccarton** – accommodating Council staff and not available for library use.

All Christchurch City Council Service Centres are open, except Sockburn, Lyttelton and Civic on Hereford Street which remain closed.

### OTHER COUNCIL OWNED FACILITIES

- **Open:** Wharenui pool, Wigram Gym, South Brighton Motor Camp, Spencer Park Camp, Denton Park, English Park, Sockburn Recreation Centre, Fencing Centre and Rawhiti Golf Course.
- **Closed:** Cuthberts Green, Ascot Golf Course, Porritt Park and Rugby League Park.

### CHLORINATION TO MAKE OUR WATER SAFE

The Christchurch City Council is chlorinating our water to ensure it is safe for people to drink. Earthquake damage to water and wastewater pipes means that contamination could enter the water stream and the chlorination was started to ensure the water was safe.

The Christchurch City Council will stop the chlorination as soon as it is safe and practical to do so and we'll work with the Canterbury Medical Officer of Health to decide when this will be. It is expected that the

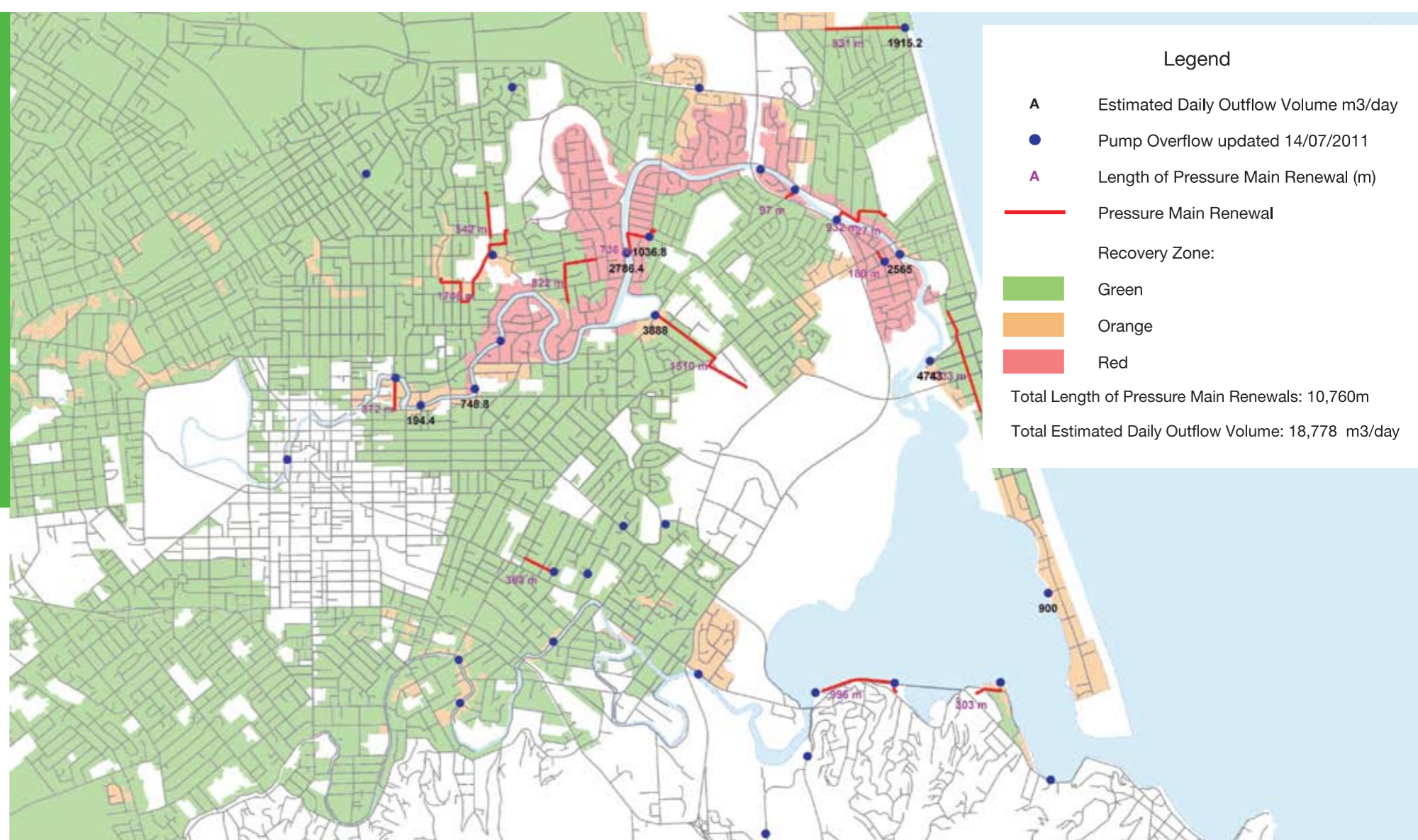
gradual process of removing chlorine from the water could begin in October and will take around six weeks to complete. Chlorination is a safe and effective way of managing water supply-related health risks. The majority of supplies in New Zealand have chlorine in them on a permanent basis. If people don't like the taste of chlorine then they should fill a jug with water and store it in the fridge for 30 minutes before drinking. This will lessen the taste and odour.

### EARTHQUAKE DAMAGE AT AMI STADIUM

Christchurch City Council will consider the options for earthquake-damaged AMI Stadium at a workshop to be held in the coming month.

The Mayor and Councillors will consider reports into the condition of the stadium, and the

extent of damage caused by recent earthquakes before making any decisions on its future. This process will include a peer review of the engineering reports. More information will be available once the reports have been considered by the Council.



# EARTHQUAKE RECOVERY UPDATE

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## STRENGTHENING OUR ESSENTIAL SERVICES

Work is well underway on one of New Zealand's largest and most complex civil engineering projects – the Stronger Christchurch Infrastructure Rebuild. It involves repairing hundreds of kilometres of roads, foot and road bridges, underground services (water, wastewater and storm water pipes), parks, and water reservoirs that were damaged in Canterbury's earthquakes.

The scale of the rebuild is unprecedented in New Zealand. When work is fully underway, thousands of people will be employed delivering around \$2.5 billion worth of repairs over several years. The Stronger Christchurch Infrastructure Rebuild team is an alliance between Christchurch City Council (CCC), Canterbury Earthquake Recovery Authority

(CERA), New Zealand Transport Agency (NZTA), and contractors City Care, Downer Construction, Fletcher Construction, Fulton Hogan, and MacDow New Zealand. By working together, the rebuild team will ensure value for money and management of labour and supply chains. The main focus since the 22 February earthquake has been emergency response and repair

work to restore temporary services to homes, make the roads safe and repair critical underground infrastructure. Planning and prioritisation for the rebuild of city roads, sewerage, water supply pipes and parks damaged in recent earthquakes is being carried out right now by all the agencies and contractors involved in the rebuild.

**Stronger Christchurch**  
Infrastructure Rebuild

### MAJOR CITY WORKS UNDERWAY:

- A retaining wall at Fitzgerald Avenue, north of Kilmore Street, is being rebuilt. Work is now underway and also includes the replacement of sewers, bridge work and road replacement. This is a significant project which involves a large amount of work and it is not expected to be completed until early next year.
- The replacement of a large sewer pipe under Estuary Road is now underway and will take around seven weeks to complete.
- The replacement of water mains along Flemington Avenue and Ascot Avenue in North New Brighton is expected to be completed by 5 August.
- Temporary repairs on Avondale Bridge will see the bridge closed while work is underway. Gayhurst Road Bridge repairs have progressed and it is now open to light vehicles.
- Emergency repairs to repair a collapsed sewer on Woodham Road. This major trunk line carries wastewater from around 70% of the city and repairs will take some months to complete.
- Water mains are being repaired on Sparks Road, with work expected to be completed by mid-August.
- Sewer repairs on Pages Road, between Rowan Avenue and Portchester Street are expected to be completed by the end of August. This work requires some road closures – please follow all warnings and signage.
- New water wells are being installed in Milton Street, at the Sydenham Pumping Station on the boundary of Sydenham Park on the City Care yard. This work will take around eight months to complete.
- A temporary wastewater system is being installed on Avonside Drive, with work expected to be completed by 19 August. The aim of this work is to repair wastewater services for properties between 294 to 336 Avonside Drive and it involves installing temporary pipes and in-ground tanks. The work will not impact on current water or power services.

For a full list of work underway right now, visit our website [www.strongerchristchurch.govt.nz](http://www.strongerchristchurch.govt.nz) and view our interactive map of the city.

### WHAT THE EARTHQUAKE DID TO OUR INFRASTRUCTURE

- 300 km of sewer pipes damaged
- 12 km of pressure mains need to be replaced
- 124 km of water mains damaged
- More than 50,000 individual road surface defects
- 30,000 chemical toilets distributed
- 2900 portable toilets placed on city streets



Trenches are dug out for underground infrastructure work on Anzac Drive.

### WHAT DOES THIS MEAN FOR RESIDENTS IN THE RED ZONES

We are working hard to restore wastewater services to all zones, including residential red zone areas, to ensure people have at least a temporary service until they move to a new area. Our aim is to have everyone using their household toilet by the end of August. The Council will continue to carry out safety repair work in all zones so that it is safe for people to use the roads, footpaths and parks.

Once people have moved out of the red zones, what happens to the infrastructure is dependant on the future use of the land and the function that it provides. In some areas, infrastructure will be able to be removed or abandoned and appropriately sealed or capped. In other areas some of it will remain where it services a wider network.

### HOW YOU CAN FIND OUT MORE

Keeping people informed about what work is being carried out and when is an important part of the infrastructure rebuild. We will try to give you as much notice as possible before work begins. For more information and to find out about specific work underway in your neighbourhood, visit [www.strongerchristchurch.govt.nz](http://www.strongerchristchurch.govt.nz). You can also subscribe to the Stronger Christchurch e-newsletter at <http://www.ccc.govt.nz/homeliving/civildefence/chcheearthquake/newsletter.aspx>



Crews lay down seal following road works on Ferry Road.

## ORION ELECTRICITY NETWORK: RECOVERY WORK IN PROGRESS

Orion continues to make good progress repairing the electricity network in the eastern suburbs of Christchurch after the February and June earthquakes.

Major repair work in the east should be completed by the end of August – including a new substation being built in Keyes Road, New Brighton. Once the substation is fully operational eastern suburbs residents can start to use electricity as normal.

### RECOVERY WORK IN THE EASTERN SUBURBS

While the June 13 aftershocks were not a big setback in Orion's earthquake recovery work, some high voltage underground cables were damaged. Since then more than 90% of all known 11,000 volt underground cable faults have been fixed in the eastern suburbs, and Orion expects to complete these repairs in the next couple of weeks. Some further cable damage has been found since June 13 as colder weather has increased load on the

network, and extra cable repair crews from around the South Island have been called in to help. In general the electricity network is holding up well due to good engineering and extensive seismic strengthening work. Teams are ready to respond around the clock if your power goes out, and diesel generators are on standby to be used if there is a power outage and power supply can't be quickly rerouted from other parts of the network.



Ike Francisco from Counties Power in Pukekohe repairs damaged power cables in Madras Street.

### CBD POWER SUPPLY

Residents and businesses within the Christchurch CBD's four avenues need to be prepared for further power cuts as building demolition work continues and areas are isolated from the network. The majority of the CBD red zone remains without power for safety reasons.

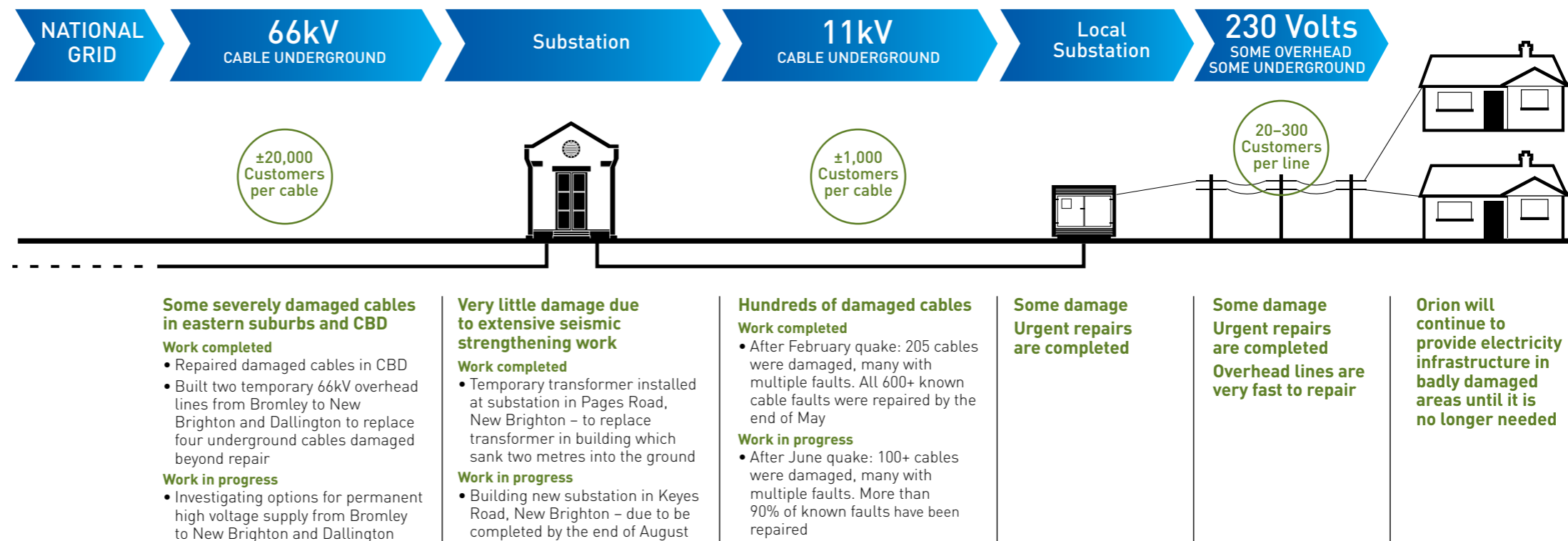
### POWER SUPPLY IN RURAL AREAS

Some residents and businesses in Orion's rural network area have experienced more power cuts than usual recently due to a higher than normal number of overhead line faults in some areas. Teams are working hard to fix these problems and deliver a stable power supply.

Orion reminds those rural customers reliant on electricity for essential operations to ensure they have a generator available in the event of a power cut.

For advice about safely connecting a generator at your property, please call either Orion on 03 363 9898 or your local electrician.

## Overview of earthquake recovery work on Orion's electricity network



### IMPORTANT MESSAGES FOR RESIDENTS

Orion asks residents to be prepared for further power cuts over the winter months, especially if we continue to experience large aftershocks. Usually your power supply will be restored within two hours. If the fault is more complex, it may take up to five hours. In exceptional cases, it may take longer while Orion reroutes power supply or installs generators.

Eastern suburbs residents are reminded to continue to use electricity wisely. However, do heat your home to stay warm – Orion is confident its network can cope with the heating load. Orion also reassures residents that it will deliver and maintain power supply to badly damaged areas in the residential red zone until it is no longer needed.

If you have any questions or concerns about your power supply please call Orion on 03 363 9898 or email [info@oriongroup.co.nz](mailto:info@oriongroup.co.nz).

# EARTHQUAKE RECOVERY UPDATE

JULY 30, 2011



EQC assessors have visited thousands of Canterbury homes to assess earthquake damage.

## EARTHQUAKE COMMISSION: PROGRESS TO DATE

The Canterbury earthquakes are New Zealand's largest natural disaster and one of the world's largest insurance events.

The Earthquake Commission (EQC) has received more than 380,000 claims. As each claim is made up of three parts – buildings, contents and land – we are dealing with 560,000 claims. It's as if every single person in Canterbury, no matter how old or young, has at least one claim with us.

In terms of costs, the Canterbury earthquake events combined are the most expensive insurance event in New Zealand's history. The Treasury estimates the damage caused by the two earthquakes is around \$15 billion, which is about 8% of GDP. To put this in context, the March 2011 earthquake off the north-east coast of Japan is estimated to have caused damage equivalent to around 3% to 5% of Japan's GDP.

The scale of the damage has meant that the EQC and many other partners in Canterbury's recovery have had to take on new roles. For EQC this has meant:

- Paying \$1.25 billion to claimants in Canterbury – an average of more than \$3 million dollars a day in payments

### From September 4 2010 to February 21 2011 EQC:

- Fully settled 49,098 claims which had a total value of \$898 million
- Completed full inspections to 81,775 properties

### Since February 22, EQC has:

- Completed rapid assessments on 180,000 properties in Christchurch regardless of whether they had insurance or not – within 2 months
- Completed 34,029 full assessments since April – mainly in the red and orange zones
- Overseen 50,000 emergency repairs to ensure people had safe, sanitary living conditions heading into winter
- Installed and ordered more than 25,000 heating units under the winter heating programme to the most vulnerable homes in Christchurch
- Responded to 432,377 calls from claimants
- Deployed 220 teams to do full inspections:
  - 50 in the Port Hills
  - 95 in the Eastern Areas (this includes Orange and Red Zones)
  - 75 in the North and West (including Kaiapoi)

### SETTLING CLAIMS

EQC is very aware that people are anxious for information about the status of their claims. Of our 1254 staff, we have 858 staff living and working in Christchurch. Many of these staff are also EQC claimants. Settling claims is our core business and we understand that claimants

want certainty as soon as possible.

Our focus is on settling contents claims by the end of this year. We have 128,000 contents claims and haven't received a schedule of contents form or supporting documents for 80,000 of them.

### ABOUT EQC

EQC is a Crown entity established to provide insurance cover for certain natural disaster claims and for public education and research purposes. EQC cover is for people who have house and/or contents insurance and only covers people with this

insurance. When you make a claim EQC pays up to \$100,000 + GST for house repairs and up to \$20,000 + GST for contents with your insurance policy covering any additional costs. If your home is insured, EQC also insures some of your land.

### WHAT INFORMATION DO I NEED TO COMPLETE MY CONTENTS CLAIM?

To help us assess your contents claim, you need to:

1. Complete the schedule of contents form, making a list of damage items including make, model and serial number. A schedule of contents form is available on our website [www.canterbury.eqc.govt.nz](http://www.canterbury.eqc.govt.nz) or through our call centre: **0800 DAMAGE**
2. Ensure you include your claim number on all documentation you send EQC
3. Photograph the damaged items
4. Keep damaged items of significant value (greater than \$500) where possible, in case we want to inspect them
5. Obtain quotations or valuations for items of significant value (greater than \$500). Your retailer will have records for news items you have purchased.
6. Forward your valuations, quotations, receipts, photos and invoices for damaged items along with your complete schedule of contents to us

The more information you can provide, the better. Things like formal valuations, receipts, invoices, copies of warranties/manuals, current replacement costs are all helpful.

EQC also encourages claimants to provide bank account details, usually a bank deposit slip, to speed up the payment of claims. EQC will have staff available at the CERA 'My Housing Options' Expo at the Addington Events Centre this weekend if you have more questions about settling your claim.

## EXPO OFFERS HOUSING OPTIONS ALL UNDER ONE ROOF

This weekend residents affected by the recent land announcements are invited to the 'My Housing Options' Expo at the Events Centre Addington Raceway, where more than 60 organisations, businesses and agencies will be there to help.

The Expo, organised by the Canterbury Earthquake Recovery Authority (CERA), is for people who will have major decisions to make about their relocation options – whether to buy a house, or rent or build something new.

The country's leading banks, insurers, property developers and home building firms will be there as well as real estate agencies, the Earthquake Commission, the Department of Building & Housing, Ministry of Education and the Christchurch City, Selwyn and Waimakariri Councils.

"We are providing free buses from the worst affected suburbs to and from Addington to encourage as many people as possible to attend," CERA Chief Executive Roger Sutton says.

"There will be seminars on buying, building and renting property with support from the NZ Law Society.

"Many people will have very important life decisions to make in the coming months and the Expo is the first proper opportunity they will have to get as much information as possible under one roof."

### MyHousingOptions

Saturday 30 July 12pm to 6pm  
Sunday 31 July 10am to 4pm

Addington Events Centre,  
Tigger Street



### FREE BUSES AVAILABLE TO EXPO

A free bus service will start at 12 noon on Saturday and 10am on Sunday going to and from the Addington Events Centre on the half hour.

#### To Addington Events Centre:

- Depart from The Palms (New Brighton Road Stop)
- Travel along New Brighton Road
- Right into Anzac Drive
- Right into Pages Road
- Pick up at Stop in Pages Road just past Breezes Road
- Travel along Pages Road and Buckleys Road to Eastgate
- Pick up on Main Stop at Eastgate in Buckleys Road just past Russell Street
- Travel along Buckleys Road, Aldwins Road, Ensors Road
- Turn Right into Brougham Street
- Turn Right into Barrington Street
- Cross Lincoln Road into Whiteleigh Ave
- Left into Jack Hinton Drive

#### From Addington Events Centre:

- Jack Hinton Drive
- Turn Left into Whiteleigh Ave
- Follow Whiteleigh Ave, Clarence Street and Straven Road & Idris Road
- Turn Right at Roundabout into Glandovey Road
- Follow Glandovey Road, Heaton Street & Innes Road
- Turn Right into Cranford Street
- Turn Left into Berwick Street
- Follow Berwick Street, Warrington Street, Shirley Road & New Brighton Road
- Terminate in New Brighton Road at The Palms stop

## Cantabrians keen to have their voices heard

A huge thank you to everyone who has so far 'Had a Voice' in developing a Recovery Strategy for the greater Christchurch area – one of CERA's major tasks in helping the region recover from the 2010 and 2011 earthquakes.

Roger Sutton

"A Recovery Strategy on the scale and scope we are talking of for the greater Christchurch area has not been prepared in New Zealand before, so we were keen to gather as much feedback as possible in the time available," CERA Chief Executive Roger Sutton says.

"I was particularly impressed with the willingness of people to give their time to take part in the community and stakeholder meetings. This Strategy is so important as it is about rebuilding, restoring and enhancing the quality of life for people here," he says.

More than 500 people attended community workshops to share their thoughts and another 613 made written and online submissions. CERA also gathered the views of its five partners Te Runanga o Ngai Tahu; Christchurch City Council; ECan; and Selwyn and Waimakariri District Councils. And discussions took place with a wide variety of groups and organisations working in the areas covered by the Strategy – community wellbeing; culture and heritage; the built environment; natural environment; and economy.

"We will also be taking into account community input into Christchurch City Council's Share an Idea consultation earlier this year," Mr Sutton says.

The draft Strategy, which will feature a vision, goals, objectives and targets for each aspect of the recovery, will now be developed. Everyone living in the greater Christchurch area will be able to comment on the draft in September before final changes are made and it is presented to the Minister for Canterbury Earthquake Recovery, Gerry Brownlee, in mid-December.

## RECOVERING AND LOOKING TO THE FUTURE

### COMMON THINGS YOU MAY FEEL:

- Sad and distressed if you have to leave your home and community.
- Worried about the future and how you are going to manage financially.
- Angry about what's happened and angry towards other people.
- Numb, shocked or confused.
- Helpless with so many things out of your control and like it's all too much.
- Exhausted and yet unable to sleep.
- Feeling on edge.
- Difficulty concentrating and planning ahead.
- You lose interest in eating and your stomach is upset.
- You can't seem to remember things and find it hard to make decisions.

### WHAT YOU CAN DO ABOUT IT:

- Be kind to yourself and others - make some time to do things you enjoy.
- Give yourself time to take it all in and take one step at a time.
- Talk about it with family, friends, neighbours and colleagues, if this feels right for you.
- Don't expect to make instant decisions. It's normal to feel unsure when something unexpected happens.
- Try to get back into what a normal routine for you and your family would be. Getting back to pre-event "normal" eating and sleeping times will help.
- Exercise may be the last thing you feel like doing but it's a great way to clear your mind and you will feel more energetic afterwards.

If you feel you or your child/children are not coping, make an appointment with your general practice team or phone the helpline **0800 777 846**

**Canterbury**  
District Health Board  
Te Poari Hauora o Waitaha

